

Term 1	Being me in my world.							
	1	2	3	4	5	6	7	8
Year 7	How do I fit into the world I live in?							
	Factors affecting identity	Life influences	Peer pressure	Online reputation	Online influences	Online safety	Assessment	Oracy Bonus: Bullying
Year 8	Can I choose how I fit into the world?							
	Changing Identities	Family and identity	Defining what stereotypes are	First impressions & misjudgments	Diverse beliefs & Marriage	Manging others' expectations	Assessment	Oracy Bonus: Supporting Disabilities
Year 9	To what extent does the world I live in affect my identity?							
	Expectations of intimate relationships	Managing harmful relationships	Risky behaviour & influences	Social group conflict	Indentity and consent	Self esteem and decision making	Assessment	Oracy Bonus: Alcohol Misuse
Year 10	Is managing my online and offline world within my control?							
	Human Rights and freedoms	Grief and berevement	Work Experience Preparation	Threats to online safety	Reducing risk	Safe relationships: online & offline	Assessment	Oracy Bonus: Societal Issues
Year 11	Are we in the adult world at 16?							
	Legally turning 16	Range of relationships: safe & unsafe	The law and relationships	Illegal online activity	Emergency Situations & first aid	What is sexual assault?	Planning for life events	Oracy Bonus: Underage sex

Term 2	Relationships					
	1	2	3	4	5	6
Year 7	What can make a relationship healthy or unhealthy?					
	Characteristics of a healthy relationship	My supportive relationships	Managing conflict in relationships	Importance of being discerning	Assertiveness in relationships.	Assessment
Year 8	Because i'm worth it...or am I?					
	Social Media and self image	Relationships and emotions	Protecting personal space	Coercive Relationships	Social Media Behaviours	Assessment
Year 9	Can relationships ever be equal?					
	Power in a relationship	Assertiveness in relationships	Porn - is it real?	Contraception	Unprotected Sex	Assessment
Year 10	Is love all you need?					
	Healthy long term relationships	Ending relationships	Types of intimacy in a relationship	Pornography and relationships	The impact of unhealthy relationships	Assessment
Year 11	Is it possible to stay true to yourself and be in a healthy relationship?					
	Sex and intimacy in relationships	Sexuality vs gender diversity	What does LGBTQ+ mean?	The balance of power in relationships	Honour based violence	Online blackmail

Term 3	Changing me					
	1	2	3	4	5	6
Year 7	How do I feel about becoming an adult?					
	Puberty	Having a baby.	Relationships and their impact.	Body image and self esteem	Emotional changes	Assessment
Year 8	What factors can make an intimate relationship happy and healthy?					
	Different types of intimate relationship	Positive relationship behaviours	Feeling Attraction	Relationships affected by pornography	Alcohol and Risk	Assessment
Year 9	How can change affect mental health?					
	Mental health issues and stigmas	Change and our emotions	Better sleep	Resilience	Assessment	Careers: choosing your options
Year 10	Can all change be positive in some way?					
	Changing society and me	Change and decision making	Gender and sexual identity	Gender stereotypes and sexual identity	Physical and emotional change	Assessment
Year 11	Is it possible to stay true to yourself and be in a healthy relationship?					
	Careers Session - Kent Choices	Careers Session - Kent Choices	Unprotected Sex	Contraception	Pornography and its impact on relationships	Power and control in relationships

Term 4	Healthy Me					
	1	2	3	4	5	6
Year 7	To what extent am I responsible for my mental and physical health?					
	Stress and Anxiety	Exercise to manage stress	Healthy choices on... substances	Healthy Lifestyle Choices	Vaccinations	Assessment
Year 8	Can I become more responsible for my health and happiness?					
	General Health	Stress and Health	Substance misuse risks (1)	Substance misuse risks (2)	Medicines and vaccines	Assessment
Year 9	How can substances impact on wellbeing?					
	Making healthier choices	Alcohol	Substances, choice and risk	Life saving skills	Effects of substances	Assessment
Year 10	When it comes to health, to what extent am I in control?					
	My health MOT	Physical and Mental health	Substances and the body	Mental Health Disorders	Common diseases linked to lifestyle	Assessment
Year 11	Should relationships, sex and sexual health be discussed more openly?					
	Relaxation and managing stress	STIs and self examination	Managing Sexual Pressure	Pregnancy and choice	Responsibilities of having a baby	Staying safe in sexual relationships

Term 5	Dreams and Goals					
	1	2	3	4	5	6
Year 7	Can my choices affect my dreams and goals?					
	What are my dreams and goals	Future-proof skills	Coping strategies.	Goals and responsible choices	Assessment	Careers Session - START Profiles
Year 8	Can the choices I make now influence my future?					
	Your goals - long term	Money and society	Online behaviour	Tracking finances	Understanding Debt	Assessment
Year 9	Who do I dream of becoming?					
	The implications of unprotected sex	Risks associated with pornography	Dealing with criticism	Mental health and illness	Media manipulation and mental health	Assessment
Year 10	Is success only possible when physical and emotional needs are in balance?					
	Resilience and goals	Me, my goals and my health	Social media and future success	Life balance	Decision Making	Assessment
Year 11	Can I rely on myself to achieve my goals or do I need luck or destiny?					
	CV Writing workshop	Long and short term goals	Prioritising goals	Study Leave	Study Leave	Study Leave

Term 6	Term 6 - Celebrating Difference						
	1	2	3	4	5	6	7
Year 7	Do we need to feel 'the same as' to belong?						
	Prejudice and Discrimination	Respecting Opinions	Challenging stereotypes	Discrimination in school	Future Careers	Bullying	Respect in relationships
Year 8	How different are we really?						
	Prejudice and Discrimination	Injustic and Inequality	Religion and Society	LGBTQ+ Bullying	Matching Careers to personalities	Benefits of helping others	Blood/Organ donation
Year 9	Is being different a good thing?						
	Equality & legal protection	Tackling Discrimination	The Power of positive language	Bullying	Career Planning	Difference and Diversity	Protection against discrimination
Year 10	Does difference result in inequality?						
	Disability and Discrimination	Equality in the workplace	Misuse of power in relationships	Careers: Planning for Post 16	Personal Goals Planning	Challenging Inequality	Health and Relationships
Year 11	Study Leave / Examinations						